

# National Alcohol & Drug Addiction Recovery Month

## 2004: Join the Voices for Recovery ...Now!! "Putting a New Face on Recovery"



Greetings!

White Bison is proud to support the Center for Substance Abuse Treatment as they promote September as National Alcohol and Drug Addiction Recovery Month 2004. Information about this celebration can be found at the SAMHSA website: <http://www.recoverymonth.gov/2004>.

We would like your support in complementing this effort by participating in the National Native American Wellbriety Month, this coming September 2004. We are currently planning the events and developing the Wellbriety Kits for September 2004 National Native American Wellbriety Month. The Wellbriety Center Website will have a map and events for September Wellbriety and Recovery month activities. As part of our overall Wellbriety effort join us for the 5<sup>th</sup> Annual Wellbriety Conference in Rapid City, SD, September 23-26, 2004. Updates are available on the White Bison website: [www.whitebison.org](http://www.whitebison.org)

In the meantime, you can help by planning Wellbriety Events in your community and by encouraging local leaders to sign the Proclamation that recognizes September as National Native American Wellbriety Month. Also, please send us your Wellbriety Month events schedule so we can post them on our website and on the SAMHSA Recovery Month website. Help create a vision for Wellbriety in your family and in your community!!

In Wellbriety,  
Don Coyhis, President, White Bison, Inc.



**VISIT the White Bison  
website :**  
[www.whitebison.org](http://www.whitebison.org)

It's your resource for information on the Wellbriety movement. Also see who has already registered their proclamation and find a list of ideas for Wellbriety Activities.

White Bison, Inc.  
6145 Lehman Drive Suite 200  
Colorado Springs, CO 80918-3440  
719-548-1000(v)  
719-548-9407(f)  
[info@whitebison.org](mailto:info@whitebison.org)

*Acknowledgement: National Alcohol and Drug Addiction Recovery Month is sponsored by the Substance Abuse and Mental Health Services Administration, Department of Health and Human Services.*

### WHAT YOU CAN DO!!

**E**ncourage your Tribal Council to proclaim September as **National Native American Wellbriety Month**. Complete the proclamation on the reverse of this flyer and send it to White Bison!

**C**reate a series of community activities to celebrate healthy lifestyles, healthy families, and healthy communities for your Nation.

**H**old a Community Gathering to Premier the documentary video, **Sacred Hoop Journeys: Healing of the Nations**. This video is a celebration of the two Journeys of the Sacred Hoop that occurred in 1999 and 2000. You may purchase copies of the documentary at the new Wellbriety Center website: [www.whitebison.org](http://www.whitebison.org)

**The Red Road to Wellbriety: In the Native American Way** is now available for purchase at the website. Use this collection of traditional teachings and stories of Native Americans in recovery for your personal recovery journey.



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719-548-9407(f) website: [www.whitebison.org](http://www.whitebison.org) email: [info@whitebison.org](mailto:info@whitebison.org)



## Proclamation for National Native American Wellbriety Month

Date: \_\_\_\_\_

We, \_\_\_\_\_  
recognize and value the sobriety and spiritual, mental, emotional and physical wellness of our members and our People. We are aware of and support the need for sobriety and recovery from chemical dependence as key to the success of our organization's group efforts.

Recognizing that greater wellness, also known as Wellbriety, is beneficial to our organization and our wider community, we wholeheartedly support White Bison's efforts, in conjunction with SAMHSA and CSAT, in promoting Wellbriety on the individual, family, community and national levels.

Therefore, the above named Tribal Nation or Native American organization supports the proclamation of September, each year as National Native American Wellbriety Month.

Sincerely,

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Web Site: \_\_\_\_\_ Email: \_\_\_\_\_

**FAX BACK TO: 1-719-548-9407**

### **HELP US SUPPORT THIS EXCITING MOVEMENT!!**

If your Tribal Nation, organization or grassroots community group would like to take a role in *National Native American Wellbriety Month - September, of each year*, we are asking for a letter or proclamation of support (see above) to be sent to us at **White Bison**. Fill out the above proclamation giving the name of your organization and your title. Copy it onto your letterhead and fax (or mail) it back to us. Better yet, if your tribe or organization already has a Proclamation that you use for other events, please send us that one. Send it back to us at **White Bison** and then wait for further instructions about the events which will take place leading up to Native American cultural events in September of this year to be held in conjunction with SAMHSA and CSAT.

