



September, 2007 is National Alcohol and Drug Addiction Recovery Month Telling Your Story!



September, 2007, is National Alcohol and Drug Addiction Recovery Month. As American Indians and Alaska Natives we are also proud to call it *National Native American Wellbriety Month*. Will your community sponsor an event celebrating sobriety and recovery from alcohol and other drugs this September? If so, would you tell us about it so we can pass the story on?

In order for us to re-tell your community Recovery Month story in Wellbriety! Online Magazine, here's what we need from you.

Pictures!

Get out your digital camera for the community's event this September and take some pictures as the celebration unfolds. Take photos of whatever inspires you, or makes you proud that your community has stepped up for recovery. These photos could be:

- A community Walk for Recovery
- Youth participation
- Culture elements, such as the Eagle Staff or other items that represent your tradition
- Elders and others speaking at the podium about sobriety
- A group shot of whomever wants to stand up for sobriety

- Whatever else you think important about your community and its Recovery Month event

The Story!

What happened during your Recovery Month event? Write up a short summary of what you saw happening and what you and others experienced. Remember to use the time-proven newspaper format and answer these questions: WHO? WHAT? WHERE? WHEN? and WHY? Don't worry about your writing style—we'll make it sound good for publication if it isn't already super. But we can't do it without the facts. Feel free to interview people at the event: speakers, Elders, youth—anybody who has something good to say about sobriety in your community.

If you feel you don't want to write about it yourself, but you do want to tell others about what happened at your Recovery Month event, contact White Bison, Inc. and we'll get your story over the telephone.

So don't be shy. Send us your digital pictures by e mail or on a CD by regular postal mail. And send us your story or call us to talk on the phone. Please send it within one week of your community event so we can get your story into Wellbriety! Online Magazine. Thanks for being part of the Wellbriety Journey!



Snapshot of a Wellbriety Walk on the Red Lake Nation in 2006. Photo courtesy of the Red Lake Coalition