



Wellbriety!

White Bison's Online Magazine

Volume 6, Number 11
August 15, 2005

Wellbriety/Recovery Month—September, 2005 Community Proclamations and Plans This issue

JOIN THE FORRECOVERY

PROCLAMATION FOR NATIONAL NATIVE AMERICAN WELLBRIETY MONTH

Date: 7/15/2005

on: The Sacramento Native American Health Center

Recognizing that greater wellness, also known as Wellbriety, is beneficial to our organization and our wider community, we wholeheartedly support White Bison's efforts, in conjunction with the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration, in promoting Wellbriety on the individual, family, community and national levels.

Therefore, the above named Tribal Nation or Native American organization supports the proclamation of September, each year as National Native American Wellbriety Month.

Sincerely,
Name: Debra Deane Title: Executive Director
Organization: Native American Health Center, Inc.
Address: 20000 7th St. Sacramento, CA 95824
Phone: 916 244 0575 Fax: 916 244 0192
Web Site: www.nahc.org Email: debra@nahc.org

FAX BACK TO: 1-719-548-9407

The Sacramento Native American Health Center--Sacramento, CA

JOIN THE FORRECOVERY

PROCLAMATION FOR NATIONAL NATIVE AMERICAN WELLBRIETY MONTH

Date: 8/26, 11, 2005

on: Cherokee Diabetes Program

Recognizing that greater wellness, also known as Wellbriety, is beneficial to our organization and our wider community, we wholeheartedly support White Bison's efforts, in conjunction with the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration, in promoting Wellbriety on the individual, family, community and national levels.

Therefore, the above named Tribal Nation or Native American organization supports the proclamation of September, each year as National Native American Wellbriety Month.

Sincerely,
Name: Lisa Williams, MEd Title: Program Manager
Organization: Eastern Band of Cherokee Indians
Address: P.O. Box 1616, 104 Aqueduct Road, Cherokee, NC
Phone: 704-983-1862 Fax: 704-983-1752

FAX BACK TO: 1-719-548-9407

Cherokee Diabetes Program, Eastern Band of Cherokee Indians--Cherokee, NC

JOIN THE FORRECOVERY

PROCLAMATION FOR NATIONAL NATIVE AMERICAN WELLBRIETY MONTH

Date: 8/26/2005

on: Turning Point, Inc.

Recognizing that greater wellness, also known as Wellbriety, is beneficial to our organization and our wider community, we wholeheartedly support White Bison's efforts, in conjunction with the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration, in promoting Wellbriety on the individual, family, community and national levels.

Therefore, the above named Tribal Nation or Native American organization supports the proclamation of September, each year as National Native American Wellbriety Month.

Sincerely,
Name: Patricia Poirier Title: Executive Director
Organization: Turning Point, Inc.
Address: 1000 Main St., Newburyport, MA 01890
Phone: 978-462-5100 Fax: 978-462-5488
Web Site: www.turningpoint.org

FAX BACK TO: 1-719-548-9407

Turning Point, Inc., Newburyport, MA

JOIN THE FORRECOVERY

PROCLAMATION FOR NATIONAL NATIVE AMERICAN WELLBRIETY MONTH

Date: 8/11, 2005

on: Healing Through the Elders Wisdom Wellbriety Group

Recognizing that greater wellness, also known as Wellbriety, is beneficial to our organization and our wider community, we wholeheartedly support White Bison's efforts, in conjunction with the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration, in promoting Wellbriety on the individual, family, community and national levels.

Therefore, the above named Tribal Nation or Native American organization supports the proclamation of September, each year as National Native American Wellbriety Month.

Sincerely,
Name: Barbara Jackson Title: Executive Director
Organization: Eastern Band of Cherokee Indians
Address: P.O. Box 1616, Cherokee, NC 28704
Phone: 704-983-1862 Fax: 704-983-1752

FAX BACK TO: 1-719-548-9407

Healing Through the Elders Wisdom Wellbriety Group, Eastern Band of Cherokee Indians--Cherokee, NC

JOIN THE FORRECOVERY

PROCLAMATION FOR NATIONAL NATIVE AMERICAN WELLBRIETY MONTH

Date: 8-1-05

on: The Lenape Nation of Indians

Recognizing that greater wellness, also known as Wellbriety, is beneficial to our organization and our wider community, we wholeheartedly support White Bison's efforts, in conjunction with the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration, in promoting Wellbriety on the individual, family, community and national levels.

Therefore, the above named Tribal Nation or Native American organization supports the proclamation of September, each year as National Native American Wellbriety Month.

Sincerely,
Name: Wynne Foster Title: Chief
Organization: Lenape Nation of Indians
Address: 611 Maiden Court, Sinking Spring, PA 19380
Phone: 610-272-9166 Fax: 610-272-9166

FAX BACK TO: 1-719-548-9407

The Lenape Nation of Indians--Sinking Spring, PA

PROCLAMATION FOR NATIONAL NATIVE AMERICAN WELLBRIETY MONTH

Date: 10 August 2005

The Toish Behavioral Health Authority recognizes and values the sobriety and spiritual, mental, emotional and physical wellness of our members and our Relatives. We are aware of and support the need of sobriety and recovery from chemical dependence as key to the success of our organization's group efforts.

Recognizing that greater wellness, also known as Wellbriety, is beneficial to our organization and our wider community, we wholeheartedly support White Bison's efforts, in conjunction with the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, in promoting Wellbriety on the individual, family, community and national levels.

Therefore, the Toish Behavioral Health Authority supports the proclamation of September, each year as National Native American Wellbriety Month.

Sincerely,
Name: Paul Ehrlich, MA Title: Executive Director
Organization: Toish Behavioral Health Authority
Address: PO Box 5190, Farmington, NM 87499
Phone: 505-564-4804 ext 12 Fax: 505-564-4837
Email: pehr@toish.org

FAX BACK TO: 1-719-548-9407

Toish Behavioral Health Authority--Farmington, NM

Community Proclamations

Proclamations are coming in. It's not too late to ask your community to declare September, 2005 as National Alcohol and Drug Addiction Recovery and Wellbriety Month. Visit www.whitebison.org and click on *September 2005 is National Native American Wellbriety Month* at the top of the home page to download a Proclamation form to take to a responsible organization in your community. Help the community become conscious of the need to come out for alcohol and drug free living.



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White Bison Speaks

Recovery Month Update

Two Recovery Month events are well along in their planning and the third will come in (in Lincoln, Nebraska--please note the change in cities) a little later on.

Mayetta, Kansas

NAWA (Native American Wellness Association) of Kansas, and White Bison will team up to present two days of activities to celebrate Wellbriety/Recovery Month as part of NAWA's second annual Wellness Summit meeting in Kansas. This celebration will take place adjacent to the Pottawatomie Indian Reservation at Harrah's Prairie Band Casino in Mayetta, Kansas on **Tuesday and Wednesday, September 13 and 14, 2005.**



Tuesday morning's festivities begin at 8:30 a.m. with a grand entry of the Wellbriety Movement's 100 Eagle Feather Hoop followed by a keynote address by Don Coyhis of White Bison. Next, NAC (Native American Church) Roadman Johnny Whitecloud will show an informational video about the Peyote Way at 10:45 am and then host a discussion about the video and the Native American Church after lunch at 1:30 pm.

Still later in the afternoon at 2:30 pm, there will be a panel discussion on the topic Historical and Present Barriers to Native American Wellness that will place Indian wellness in its historical framework and then bring it up to the present. Tuesday's agenda will close with an opportunity for each conference participant to introduce him or herself briefly in talking-circle format.

Wednesday, September 14 begins at 8:30 am with a review of NAWA's accomplishments over the past year by long-time Native wellness advocate and worker, Gayl Edmunds. The conference will then break into small groups to identify NAWA's goals for the coming year.

The NAWA session continues after lunch with a summary and statement of goals for the coming year, an invitation for participants to join NAWA, and commitments to reach those goals.

At 2:45 pm, Don Coyhis will talk about the White Bison Firestarters Program and how participants can set up Firestarters circles in their home communities. The day ends with the exit of the Hoop and establishment of dates for the 2006 NAWA Summit.

Want to go? Contact the following people:

Gayl Edmunds Kansas City, MO • 816-561-3600 • gayl@iats.kscoxmail.com
Ellen Mzhickteno, Mayetta, KS • 785-966-2463
Kateri Coyhis, White Bison, Inc. • 1-877-871-1495

Where to show up?

Harrah's Prairie Band Casino Phone: 785-966-7777
12305 150th Road
Mayetta, KS 66509

Anyone who is interested in joining us to celebrate recovery is welcome to attend.



White Bison Speaks

Recovery Month Update

Cheyenne, Wyoming

Come to the **Wyoming Voices for Recovery Celebration on Saturday, September 10, 2005** at Cheyenne's Holliday Park and join in a multicultural event to stand up for addictions recovery. Better yet, start out the day at Cheyenne's Mylar Park at 8:00 am and walk with other recovery advocates over to Holliday Park to put a public face on recovery. This event will be the largest of the recovery month celebrations that Wyoming has held to date. The purpose of the day is to show that families and individuals can come together and go beyond the stigma of past addictions for themselves and for others who need to know that recovery is possible.

The Red, Yellow, Black and White racial/ethnic "directions" will all be present at Wyoming's celebration. Blaine Wood (Cherokee Nation) who heads up the Wellbriety for Prisons Program and the Firestarters Trainings will bring the 100 Eagle Feather Hoop to Cheyenne and speak during the day. Wyoming State Government will provide a speaker to show their support of recovery. Other speakers are still being planned.

The day in Holliday Park will include traditional African dance demonstrations, Hispanic dancers, a Karate display and games for kids. There will be informational booths on addictions recovery and lots of eats.

Some of the energy for Wyoming's Recovery month celebration is coming through Connie Robinson, who works as a counselor on the Wind River Reservation. All tribal people from Wyoming and elsewhere are cordially invited to participate.

Want to go? Contact the following people:

Connie Robinson • 307-332-5459

meadowlark02@onewest.net

Kateri Coyhis, White Bison, Inc. • 1-877-871-1495

Where to show up?

For the walk, come to Mylar Park (Seminole Road and Mylar Park) at 8:00 am, or to Holliday Park, Morrie Avenue and 19th St. in Cheyenne.

Anyone who is interested in participating in celebrating recovery is invited to join us ✚

