



Wellbriety!

White Bison's Online Magazine

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"I 7ZVdRceVcdiEYV> VUZIZ_VH YW]R_UeYV"#DeVad' Wc> V_ #I 7ZVdRceVcdiEYV> VUZIZ_VH YW]R_UeYV"#DeVad' WcH` ^ V_ \$I 7ZVdRceVcdiEYV> VUZIZ_VH YW]R_UeYV"#DeVad' Wc 2]I2` _ %D`_d` WEcRUZZ_ i2UUZTeZ_dacVgV_eZ`_R_Uh V]]_VdHWc? ReZV2^ VcZIR_ S` j d RXd" \$"/ & 5 Rf XYeVd` WEcRUZZ_ : . :: i2UUZTeZ_dacVgV_eZ`_R_Uh V]]_VdHWc? ReZV 2^ VcZIR_ XZ]dRXd) I"/ ' I DecV_XeYV_Z_X` fc 7R^ ZAdi7` cW^ Zj YVR]Z_X' (I 4YZUeV` WR]T Y]ZIdi7` cj` feYhY dVW^ ZAdRcVRWWTaUSj R]T Y]RSf dV

2 T ^ a]VeV(EcRZ_Z XdSc` Tyf cVTR_ SVU` h_]` RUMUW ^ eYVh VS Sj X Z Xè +Yea-zh h h žh YZASZf _ Ž cXecRZ_Z XdIT` ^ ^ f_Zj ŽYe`]

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H VRcVUV]ZYeUè acVdV_eeYVdf ^ ^ Rcj `WR (EcRZ_Z XdVgV_e eYReè` \ a]RIVZ_A` TReV]]` L:URY` W ^ 2f Xf de") I#! L#! ! &Z (EcRZ_Z Xd^ Rj SV[f deh YRej` f c T ^ ^ f_Zj ZIRd\Z_XWcZ 7` c ^ `cVZ_Wc^ ReZ`_ a]VRdVT`_eRTeYVT`_cUZ`Re`c` WeYV:URY` VgV_eL`=RgVc_V3WYIYLR e dY` TcW1 Y` e` RZIT` ^ è XVeVZde YR_UZ_Wc^ ReZ`_ RS` feY` h eYV VgV_eh V_eZ` :URY` Ž EYV` T`_eRTe< ReVcZ4` j YZIRe\ ReVcZ1 h YZASZf _ Ž cXè eR]\ RS` fe dIYVuf]Z_XZ



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a[VW^ eYc fX` feeVH Vde JR` RS` feeVdRM
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EYV] TR] Y deaSVLeVDY d`_V3R`_T dZHFUR
5 V]RdZ`_` WHV] VdZ` d`aa` ce` VdVT`_WV_TV`U
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eVVeSVe`dRU4` f`Tz` R` H`V]j` 6U` `ReeV;f]j` "#
^` WZ`XhYVVeVDY d`_V3R`_T` eSR] T` f`Tz` g` eU
f`_R`Z` `f`dj` e` d`aa` ce`eVT`_WV_TV`Z`Y`H`V`Ve`j`Z`Xe`
XeRSVe`c`d`aa` ce`j` d`V` Y`CV`Ve`Y` d`Z` c`T` g`Vj` R`U
W`c`ad`g`V`e`Z`_`R`Uh`V`_W`U`e` S`Z`X`Z` T` ^^ f`_Zj` ^` V` I
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> Rj
`W` eY` dV` EYhR` VwV`e`V` ReV`U
Z`X` eV` T`_Wd` V`TV`g` Z`U
eVZ` a` ce`R`TV` W`e`Z`Z`X` e`RUZ`_R] d`Z`Z`f`R]
g`R]f`VdZ` c`T` g`Vj` R`U` W`V`Z`X`d`aa` ce`j` d`V` d`W`c`e`Y` d`V
h`Y` TY` `d`R]T` Y` |R`U`U`f`X`W`V`|Z`V`j` V`Z

yEYZIR^ fTY`_W`U`e`d`Z`_Z`X`W`^` :`_UR` e`SVZ` :`e`Zi

R` RhR`V`Z`X` W`f`c`R` T`V`d`R] e`RYZ`_XR` U`ac` g`Z`U`da` h`Vc`
R`U`d`e`V`X`e`Y`e` `f`c`a`V`a]V`e`d`RU`5` V`d`_`D`f`aa`R`M`D`Z`R`
^` V` S`Vc` `W`e`V`H`R`c`^` D`ac`Z`X`I`e`Z`SVR`U`d`R`W`V` S`Vc` `W`
e`V`D`Y` d`_`V`3`R`_`T` E`c`S`V`d`R`j` :` e`g`V`e`Z`_`Ac`XR` Z`
5`V`d`_`dd` `?` `R`Y`a]R] W`e`V`V`V`e`V`R`e`e`V`T]` d`Z`X`T`c`V` `j`
`W`e`V`T`_`W`V`T`V`R]`_`X`h`Z`Y`8`d`R` ^`j` R`h`R`U`h`Z`_`Z`X`W`e`d`
Z`e`9` g`R`6`U`h`R`U`d` V`e`V`D`Y` d`_`V`3`R`_`T` E`c`S`V`Z`

EYVT`_WV`TVZ`T]f`U`U`d`g`V` e`R]T`Z`AR`e`Z`AR` e`d
TY` d`e` ReV`U`_`V` W`e`V`d`e`R]T`d`U`f`c`Z`X`e`V`e`c`W`U`R]
T`_W`V`T`V`S`R`M`U`_` e`V`Z`e`R`V`d` `V`Z` e`V`d`e`>` V`U`Z`_V`H`Y`W`J`
R`U`" `#`D`e`a`d`W`c`>`V`_`>` V`U`Z`_V`H`Y`W`J`R`U`" `#`D`e`a`d`W`c`
H`^`V`_`>` V`U`Z`_V`H`Y`W`J`R`U`" `#`D`e`a`d`W`c`2]j2`_`_`R`U`
2]f]e4Y]Z]U`V` `V]2]T`Y` |Z]d`5`R`X`Y`e`d` V`E`d`R`U`Z`_`
D`_`d` V`E`d`R`U`Z`_`_`7`R` Z`Z`d` V`E`d`R`U`Z`_`_`R`U`4Y]Z]U`V` `W`
2]T`Y` |Z]Z`

Z`S` f`e`Y`R`W`V`e`V`a`R`e`Z`AR` e`d`T`R` V`W`^` T` ^^ f`_Z`Z`d`
R]V`R`h`R] R]d]R]R`R`U`@`d`X`_Z`E`Y`V`J`R]R`Z`e`S`V`W`
7`ce`>`T`5` `h`V]j]L`2`c`k`_`R`L`S`c`f`X`e`R`T`_`e`Z`_`X`V`e` `W`%`d`R`W`
^` V` S`V`c`Z`

EYVWf`_UR`_`W`e`e`V`H`V]jScZj` > `g`V` V`e`Z]R`d`e`f`c`
e` eV`>` V`U`Z`_V`H`Y`W`J` e`R]Y`Z`_X]R`U`e`V`f`d`V` V`R]V`Z`X`T`Z]I`
T]V`d`e` d`aa` ce`eY` d`Z` e`V`Z`e`c`T` g`Vj` ac` T`V`L`e` ac`g`V`e`
d`V`R`ad`V`R`U`e` d`aa` ce`j` f`eY`eYc` f`X`T`f`]e`d`R]j]l`d`V]g`R`e`
ac`g`V`e`Z`_`ac`XR` d`Z

EYVD`g`V` EdRZ`Z`Xd4`_`W`V`T`V`h`R]Y` d`e`U`S`j` H`Y`Z`V`
3`Z]i`_`L`_`T`L`R`_`2`^` V`Z]R` :`_UR`_`_`_`l`ac` V`E`T` ca` d`R`Z`_`
eY`R`e`ac` g`Z`M`T]f`]e`f`d`R]j]l`d`V]g`R`e`d`d`f`c`T`V`d`e` e`S`R]T` ^` I`
^` f`_Z`Z`d`W`c`d`S`d`R`T`V`R`S`f`d`V`ac`g`V`e`Z`_`L`e`d`R`e`^`V`_`d`c`T` g`
V`j` R`U`T` ^^ f`_Zj` TYR`X`Z`7f`_U`Z`X`W`c`e`V`T`_`W`
V`T`V`h`R]l`ac` g`Z`M`U`S`j` eY`V`A`R`e` V`d`W`c`A`c` d`a`V`Z`j`L`R`_`_`I`
ac` V`e` c`R` Z`R`e`Z`_`R`U`C`V`d`Z`_`X`a` g`V`e`j` Z`_`6`R`A`c` :`U`Y` L`
R`U`e`V`D`f`S`d`R`T`V`2`S`f`d`R`U`>`V`_`e`R]9`V`R`eY`D`g`Z`V`d`
2`U`_`Z`Z`e`R`Z`_`_`I`D`e`>`D`9`2`/`Z`

EYV`^` c`V`e`R` S`&a`R`e`Z`AR` e`d` V`e`V`T`_`W`V`T`V`W`^`
6`R`A`c` :`U`Y` a]R` e` X`e`e`X`e`Y`c`Z` D`a`e`V` S`V`c`e` d`R`V`
e`V`Z`e`J`R`c`_`Z`X`d`R`U`e` T`c`R`e`V`Y`R]Z`_`X`T`Z]I`V`d`Z` e`V`d`V`Z`_`e`
d`aa` ce`d`T` g`Vj` W`W`c`e`Z`



