



Wellbriety!

White Bison's Online Magazine

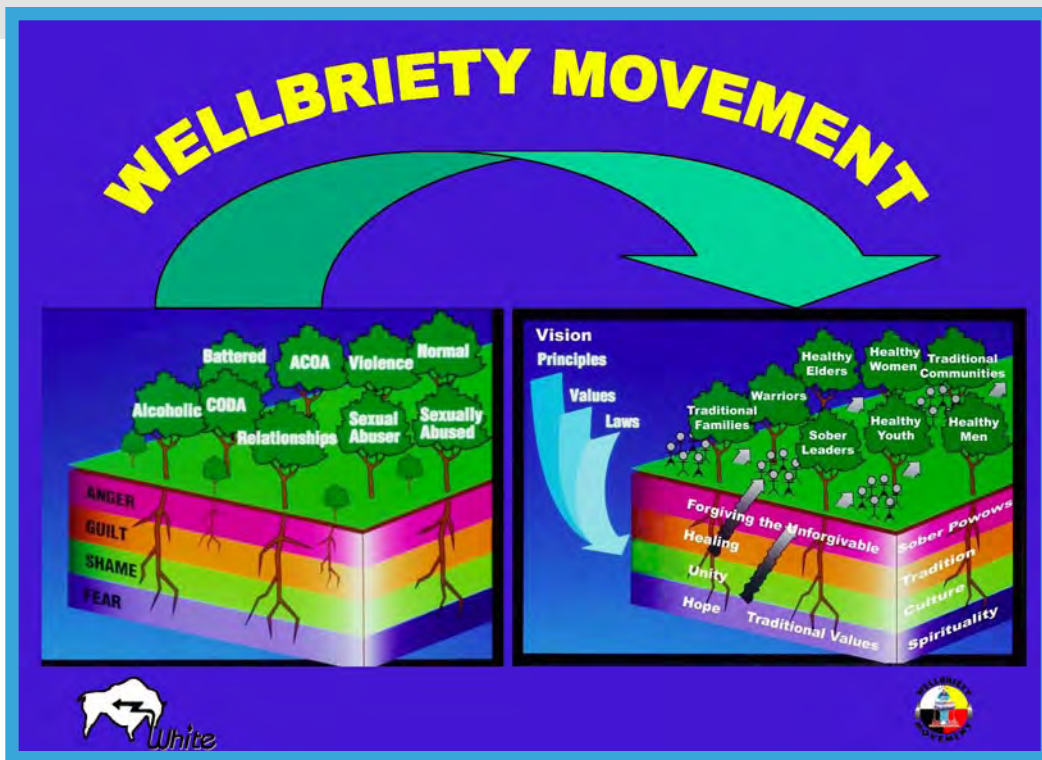
Volume 7, Number 1
January 20, 2006

The State of the Wellbriety Movement

January, 2006

And

The Wellbriety Movement is a Tipping Point



The Healing Forest Model

EYVf_YRUVVcIT ^ ^ f_Zj LJW eR dVc^ dZMVZ e RYRVUWVcic ZXe/Sj aReZARZ_XZ_R_Uf eZ
 JZ_XH VJScZj > `gV V_eRiZAZLac XR dR UJRc_Z Xcd f cVZ EYVUcd TgVc `ed VR_XVXZ d
 dR^ VR_UWR` wVf_YRUVVcSVT ^ VeYVWc XWl VeVDRiU9 ``a+7 cXZ_XeVF_WcZFSJL
 9 VRZ_XF_Zj R_U9 `aZ EYVh` f_UUeWdSVT ^ VYRiYj eWdR_UeVT ^ ^ f_Zj aReZARZ_dZ_hVjI
 _VdZ_g jgV V_eLdTYRld SVca`hh`hd eRUZ_Lf jf cVR_UcdZFRZj ZEYVVRvd ^ V VeVXWl VeV
 HVJScZj > `gV V_eZ



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The Wellbriety Movement Tipping Point

By Don Coyhis

:ēđZVhY Rh`^R WēXēlacXR dWRēZ VZU Vl `ej` \ JZVdVZlacXR d. `` VIR eJLSfe
eVdZzRj WēVdZ eVf dV h`qURcVIRf dXR Vh JZVē SVcVRēUŽ GgV dRljLhVIR dWhZē`fc
yVdR U^ Z UdVZIRēZ XRSfSjŽ2_ Vh JZVhZjT^ VVēŽJ`f TR Tf_e_ Ž

:eYRdeR_V Rj`d` j Vrd` Wē`d` hZē fedWZ_X^ fTYTYR_XVYRaaV_ZXēSfe_`h hVRēvdWZ_XTYR_XV` Tfē Ž
HVdWRēZ_ Z^ Rj T^ ^ f_ Zēde TēRēVH VjScZj > `gV VēŽEYV^ RSjVdācVēd_`e`_lj HYZV3Zl_`d
h`cLSfeēYRē` WēVc? RēZV2^ VZIR hVj Vd` cR ZēZ_d` gVēVj VrdŽ? 2? 24@2L8@? 2L3Zj C` Xtd
HVj VdIT` WēVTVē22l2j2_`L? 2C2L? :J=ALF? :EJLR_UYf` UēUd` WUZRēUXRtē` ēdāV a|VhY h`c` hZē
R_UhZē feW_UZ_XYRgVRj SW_ af dZ_XU h_`_ ēVēVēcē ēVēŽ H VRēV_`h dVZ_XēRēēV^ RSjVihVj Vd` Zl_`
ēV^`gŽ We have reached the tipping point! Over the coming years, we will see acceleration of the healing and
wellness movement. ✚



The State of the Wellbriety Movement

January, 2006

CV R c \ d S j 5 4 j Y Z L 7 f U c R U A c V U e W H Y A V 3 Z I L T Z



5_4 j Y Z I

Brief History of the Wellbriety Movement

> R j 6 J U c d Y R g V R U e R e e V R T Y | a c S J V X e h ` c d V c ? R e g V 2 ^ V Z I R d R W c H ` d J U H R c J Z 3 f e R e e V d R ^ V e Z V L Z e V J R e V " * % ` d R U " * & ` d : _ U R a V a J V d R e U e R e e V U 2 2 i 2 J T Y J Z d 2 _ ` j ^ ` f d ^ W e Z X d R U ^ R j h V e f d Z X e V ? R e g V 2 ^ V Z I R 4 Y f c Y W c e V Z ` h _ d a Z Z f R Z j L R d h V J R d e c V T g V c W ^ R T Y | U a V U V T Z E Y W : _ U R d S c Z j ^ ` g V V e h R d S ` c Z E Y W J j h Z X J Z e Y Z Y J Z e d e V U g V a ^ V e R U c R I Y ` W e V H V j S c Z j > ` g V V e Z

Š E Y V d S c Z j ^ ` g V V e \ V a e X c h Z X S V Z U e V d V V Z 3 j e V J R e V " (! ` d : _ U R a V a J V S V R S c Z X X e V Z e e R U Z _ d Z e c V T g j ^ W e Z X Z

Š 3 j e V J R e V ") ! ` d ? 2 ? 2 4 @ 2 i ? R e Z R j 2 d T Z e Z _ ` W ? R e g V 2 ^ V Z I R 4 Y Z U V ` V Z J T Y J Z d h R d W f _ U U e e V U e e V _ W U d V e V T Y Z U V ` V e R d h Y f d U R T Y J Z

Š 3 R U ` e V 7 f c = R h d W Y R X L H Y A V 3 Z I L : T Z h R d W _ U U Z " *) e S V Z e d W h Y R e T f J U S V U _ V e Y J a ? R e g V 2 ^ V Z I R d c V g c W ^ R T Y | U a V U V T Z

Š E Y V R i f R _ R Z X W e V H V j S c Z j > ` g V V e e ` \ a J R V Z e V ^ Z U " * * ! ` d h Y V R A R i R R b f ` U j 6 J U c d R \ U R S ` f e W e l l b r i e t y L ^ R Z X e S V S ` e y d S v c R U h V j Z

Š H Y A V 3 Z I _ S V R Z d V c e " l j V c X c h e Y T j T V W f c g Z R L T Y Z V Z W V T R U ^ R e g Z " *)) Z ? ` h L Z # ! ! L H Y A V 3 Z I _ R U e V H V j S c Z j > ` g V V e R V Z e e V S V Z _ Z X W e V d T _ U " l j V c T j T V Z 2 T _ e Z f Z X W i f d ` c g Z _ ` W H Y A V 3 Z I L : T Z L e W I Z R e V " ! ! T ^ ^ f _ Z A Z e Y R Z X S j e V j V c # " ! Z

Š 5 f c Z X e V R j j R d W e V > ` g V V e e V V c e) j R d h V e Z g l g U h Z Y e V S f Z U Z X W e V d T e f d e X e e V > ` g V V e X Z X E Y Z T f U U + c V V Z X e V 7 f c = R h d W Y R X W ^ R 6 J U c e V d V V Z X W ! ! W R V W R M V d h Y Z Y h V e f d U e S f Z U e V D R e U 9 ` ` a e V T e R Z _ ` W e V 9 V R Z X 7 d e > ` U j W c T ^ ^ f _ Z j T Y R X V R U e V U g V a ^ V e V R g R Z j ` W e Z Z X c d f c V d W c Z U g Z f R d W Z d R U T ^ ^ f _ Z A Z e X e V d e V d h ` f J U S V T ^ V e V W f _ U R Z _ ` W e V H V j S c Z j > ` g V V e Z

Š E Y V > V U Z V H Y W j R U e V " # D e a d R T f j e d R a a c R I Y e e V " # D e a d R U e V ? R e d R A R e e 8 c h e Y U g V a t ^ V e a c X R d W c ? R e g V 2 ^ V Z I R d R d T R V Z e S V Z X U f Z X e V d V R j j R c Z E Y j R e d R j X Z L X W e V d e U j Z

Š 2 g Z _ ` W e Y " ! ! 6 R V 7 R e V c 9 ` ` a ` W e V ? R e Z d h R d c V V Z " * * % R U e V 9 ` ` a h R d S f Z e Z R d V e j U W Z " * * & Z E Y V D R e U 9 ` ` a S V I R V e V d a Z f R j d ^ S ` j ` W e V H V j S c Z j > ` g V V e c R c T X Z _ ` W e V W j ^ V e V e V a c a V T j U d R Z X e V d e V e Y X V e R Z _ R d e V y 4 ^ ` Z X E ` X e V c E Z V Z o



The State of the Wellbriety Movement

January, 2006

Š EYV9 ``a hRIS|VtMUReR8RyVZ X` W f|Zf|f d| 6|UcdZ eYVd ^ ^ Vc`W**&R_UhRlAcVd eUReR8RyVZ X`
`W RgVH `^ V_Z =VUcdZa Z eYVW| `W**&Z

Š 2 8RyVZ X` W RgV2^ VZIR > V_T ^ ^ ZAUe` H V|ScZj e` \ a|RIVZ "*** ŽEYV6|UcdReeYVZ Xac |
gZUeYVd|V AYZ d aYZdWcR? RgV2^ VZIR > R_LhYZYRVR_Z a` eR_eac|V_eZ_R_UcdT gVj ddfcVZ 2||
eYVVRcj VgV_eYVaUeVHV|ScZj > `gV` V_ea`VdRaZ

Š EYVDRU9 ``a; `fc_VjdhVvfduE` ZRf`R_VeVHV|ScZj > `gV` V_eZ "***ŽEYVWfc9 ``a; `fc_VjdtZ|
TjUR_UtZ|c` dMU2^ VZIR_Z|fUZ_XRc`a Z` d`f`e`Vc`_4R_RUŽEYV9 ``a; `fc_Vjde` \ a|RIVZ "***L#!L#!L#!#
R_U#! SŽ 7ZAV_e` f`d`R_UaV a|VaReZARU_Z eYVTVScRZ_d` V_eVDRU9 ``aZ

Š EYV7ZVdR`e`d`R_Z`XSvF`_Z "*** ac` gZURh|j WcXRdt` e`daV a|VZ` dT` gVj e` Z` a|V` V_eeV> VUZZ`V
HYW|R`U`#`Da`ac`XR`_Z`e`VZ`T`^`^`f`_Z`Z`EYVW`c`e`Z`V`d`4`Z|V`d`h`V`Z`a|V`V`e`U`Z`#`!!`Ž`h`h`V`d`Z`
^`R`e`V`e`R`e`Y`C`R`V`!!`4`Z|V`R`_U`" `&!` 7ZVdR`e`d`R`_f`_U`e`V`T`f`_e`j`h`Y`Y`R`g`e`R`_U`Z`e`V`>`V`U`Z`_V`H`Y`W`|`R`_U`e`V`
"#`Da`ac`XR`_R`_U`e`V`c`T`f`d`|`h`|j`d`V`c`H`V`|`Sc`Z`j`Ž

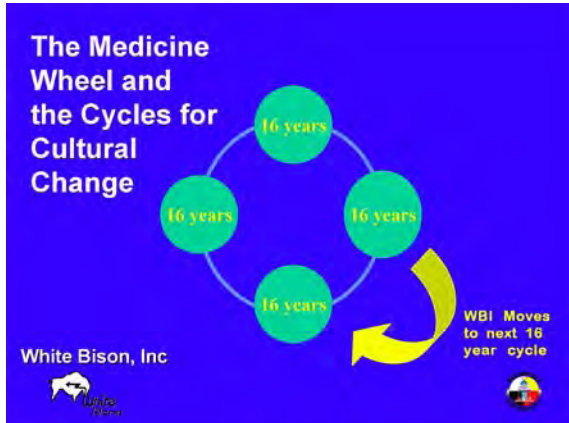
Š :_`#`!`%`e`Y`V`?`R`g`V`2`^`V`Z`I`R`_4`Y`Z`U`V`_`V`Z`|`T`Y`|`Z`|`d`a`c`XR`<`Z`h`R`|`Z`e`U`F`T`U`Z`E`Y`V`T`^`^`f`_Z`j`e`R`Z`_X`W`c`
j`f`e`Y`h`R`|`U`g`V`a`U`Z`a`R`e`V`d`Z`a`h`Z`Y`e`V`?`R`Z`_R`_2`d`|`T`Z`_`V`_Y`Z`U`V`_`V`Z`|`T`Y`|`Z`|`d`?`2`4`2`/`R`_U`e`V`d`f`S`d`R`_T`V`
2`S`f`d`R`_U`>`V`_e`|`9`V`|`e`Y`D`g`Z`V`d`2`U`^`Z`Z`e`R`Z`_i`D`e`>`9`D`e`Z`

Š EYV> VUZZ`VH`Y`W`|`R`_U`#`Da`ac`XR`_h`R`|`V`a`R`_U`U`e`_Z`|`f`U`V`g`c`Z`_d`W`c`d`f`d`d`R`_U`e`V`c`W`_Z`j`^`V`S`v`d`R`|`
h`V`|`R`d`W`c`R`|`j`e`Y`Z`U`V`_`V`Z`|`T`Y`|`Z`|`d`

Š EYV(E`d`R`Z`_X`d`a`c`XR`_R`_d`h`V`U`e`V`|`R`|`W`^`e`V`X`R`d`t`^`e`d`e`Z`_a`|`V`_V`e`R`d`Z`_f`|`e`R`_V`f`d`a`c`|`V`_e`Z`_L`e`V`e`^`V`e`
R`_U`c`d`T`_g`V`j`_W`W`e`W`c`Z`_U`Z`|`f`R`d`Z`_d`T`_g`V`j`_L`e`V`c`W`_Z`Z`d`R`_U`T`Y`Z`U`V`_Z`_8`d`t`^`e`d`a`V`_a`|`V`h`V`c`e`R`_U`e`_W`|`Z`e`V`_V`
`V`_g`V`_U`Z`W`V`_e`T`^`^`f`_Z`j`_a`c`XR`_d`h`Y`Z`Y`h`V`c`e`V`_Z`_a`|`V`_V`_e`U`Z`_d`I`Y`_`|`e`T`^`^`f`_Z`j`_T`V`_e`k`d`d`Z`|`d`g`Z`V`d`T`V`|`
e`d`d`R`_U`Z`_d`W`Y`_f`d`d`R`_U`Y`R`|`W`|`j`_Y`_f`d`Z`

Š =`T`R`|`T`^`^`f`_Z`j`_`c`R`_Z`R`Z`_d`R`|`U`W`c`e`R`Z`_X`e`_Y`|`a`e`V`_U`g`V`_a`T`^`^`f`_Z`j`_g`Z`_d`W`c`h`V`|`_V`d`Z`_`d`h`_`d`L`
e`V`4`_R`Z`_d`R`|`4`|`R`_d`e`R`Z`_X`h`R`|`Z`_a`|`V`_V`_e`U`Z`

Š AfS|ZIR`_`V`E`Y`V`C`U`C`_R`U`e`_H`V`|`S`c`Z`j`+: eYV? RgV2^ VZIR H R| Z`#`!`#`ac` gZUR`T`^`ac`V`V`_d`g`V`T`f`d`
R`|`j`_R`a`c`_a`c`Z`e`V`c`d`f`c`V`W`c`?`R`g`V`2`^`V`Z`I`R`_d`Z`_d`T`_g`V`j`_L`h`c`e`V`_S`j`
?`R`g`V`2`^`V`Z`I`R`_d`Z`_d`T`_g`V`j`_Z`



Š EYVRTV`e`R`_T`V`R`_U`X`c`h`e`Y`_V`e`V`H`V`|`S`c`Z`j`_>`_g`V`_V`_e`h`R`|`
^`R`U`V`a`_d`|`S`|`S`j`_e`Y`C`W`C`V`T`_g`V`j`_4`^`^`f`_Z`j`_D`f`a`a`_e`a`c`XR`
XR`_e`Z`E`Y`d`V`XR`_e`d`h`V`V`h`R`|`U`U`e`_H`Y`Z`V`3`Z`|`_S`j`_e`V`4`V`_e`c`W`c`
D`f`S`d`R`_T`V`2`S`f`d`E`d`R`e`_V`_e`D`f`S`d`R`_T`V`2`S`f`d`R`_U`>`_V`_e`|`_9`V`|`e`Y`
D`g`Z`V`d`2`U`^`Z`Z`e`R`Z`_Z`_`***`L`#`!`"LR`_U`#`!`%Ž`H`V`R`e`V`X`R`|`
W`|`W`c`e`V`d`C`4`D`A`XR`_e`d`h`Y`Z`Y`^`R`U`V`X`R`d`t`^`e`d`f`T`V`d`|`V`e`V`V`R`|`j`
H`V`|`S`c`Z`j`_>`_g`V`_V`_e`a`_d`|`S`|`Z`

EYV> VUZZ`VH`Y`W`|`R`_U`e`V`V`e`V`V`e`R`_T`V`R`_X`d`a`V`d`a`|`R`|`V`Z`_T`|`T`V`d`W`_j`V`R`c`Z`G`R`I`Y`" `j`V`e`
T`|`T`V`Z`|`^`R`U`f`a`_`W`|`j`V`e`_T`|`T`V`d`W`f`_g`Z`R`L`A`Y`Z`V`e`_`W`V`_T`V`R`_U`>`R`d`g`Z`



The State of the Wellbriety Movement

January, 2006

The Next 16-Year Cycle

3cZ_XZ_XeZIR] Zè #!' LhYwVU hVX W^ YwO
5fcZ_Xj VRd" &R_U" " WfcVZV_TVhVUZIf dUUhZy`fc3`Rd`V6ZVÈ dR_U`fc4`f_TZ`V6]UvdhYRe`fc
UZVtZ`_d`f]USVWcV`V_eTjTjZ`EYj V`acVUT`_WVTVZ``fcRZj è ac`gZVVeVraac`acZVcVh`_dè eV
_WUd`VwVXRtè`èZ`:_UR`4`f`ej`R_Uf`cXUfde`TcVrVX`Rjè`^WèeV_WUdè]Uè`f`Z`

@fcX`Rj`dWcèVWf`dSVAR`è`èR`Vd`Rv`

J`?`RzV2^`VZIR`^`V`_R`UV`dVIZ]j`VwVcL`WUUTf`]f`dR]j`cVGR`eèRZ`ZX^`RvZId

J`?`RzV2^`VZIR`^`V`_R`eVg`j`RV`_WUè`èR`VR`^`cVgZ]Vc`jVZ`èVH`V]ScZj`>`gV`_V`e`

J`@`fcSc`èV`dR`U`d`V`èZ`XèVT`^`^`f`_Zj`W`^`AcZ`_`_`WU`dVIZ]R`d`R`TVWcèVZ`cVT`gVj`[`f`c`_`Y`,

J`?`RzV2^`VZIR`TYZUCV`_`W]T`Y`]Zd`WU`^`_`cVR`d`R`TVZ`_`g`cT`^`Z`XèV`e`R`^`Rd`V`rV`_`e`j`R]T`Y`]Z`R`U`
RUZèZ`_`

J`>`V`Y`Z`d`c`VU`_`X`e`c`f`XY``fc`?`RzV2`^`^`f`_`Z`d`R`_`R`R`^`Z`X`d`è`Z`H`V`_`W`U`U`è`W`U`d`]f`èZ`_`dè`Y`W`a``fc`
T`^`^`f`_`Z`d`è`a`èV`d`c`R`U`_`W`èV`RUZèZ`_`LR`U`d`]f`èZ`_`dè`Y`W`a`Z`U`g`L`R`d`W`Z`d`R`U`T`^`^`f`_`Z`d`è`V`g`c`
W`^`èV`W`W`è`d`V`èV`^`R`f`W`è`f`c`L`U`Z`è`S`f`èZ`_`R`U`f`d`^`W`èV`R`a`V`è`^`Z`V`Z`



Results Coming from the Wellbriety Movement

2dhVèR`Vdè`T`_`W`f`c`XRtè`èT`^`^`f`_`Z`d`Z`#`!'`L`èV`d`f`]èd`h`VR`d`WZ`XW`^`èV`H`V`]`S`c`Z`j`>`g`V`_`V`è`R`V`
èV`W`

J`:_`c`h`_`d`è`èV`R`a`c`g`R`_`VR`c`d`]f`èZ`_`Sj`èV`?`Rz`_`Rj`4`_`X`V`d`_`VZ`^`VZIR`:_`UR`d`i`?`42`:`A`H`Y`Z`V`3`Z`I`_`Z`I`
TR]Z`Xè`XèV`c`R`N`a`t`i`o`n`a`l`N`a`t`i`v`e`T`a`s`k`F`o`r`c`e`L`h`Y`I`Y`h`Z`]`U`g`V`]`a`R`N`a`t`i`o`n`a`l`N`a`t`i`v`e`V`i`s`i`o`n`f`o`r`W`e`l`l`n`e`s`s`
a`n`d`S`o`b`r`i`e`t`y`Z`E`Y`V`X`R`j`_`W`èZ`I`U`T`f`^`V`_`e`Z`è`ac`g`Z`V`R`c`d`f`c`I`V`W`è`?`RzV2^`VZIR`T`^`^`f`_`Z`d`è`f`d`Z`èV`
Z`a]V`_`V`èZ`_`_`W`èV`è`_`h`_`T`^`^`f`_`Z`j`U`g`V`]`a`^`V`_`è`X`R`_`e`a`c`a`_`R`d`L`R`U`]`T`R`a`_`Z`j`Z`Z`èZ`d`

J`E`Y`V`R`V`è`Y`f`R`U`d`_`W`Rz`V`a`V`a]V`h`Y`R`v`d`S`V`è`R`U`Z`è`h`V]`V`d`

J`H`V`R`V`d`WZ`X`R`d`è`_`X`a`c`d`V`_`T`V`_`W`Rz`V`2`2`T`_`W`V`_`T`V`d`S`c`Z`j`a`_`h`h`_`h`d`c`V`T`g`Vj`R`èV`èZ`X`L`h`V]`V`d`è`R`Z`_`
k`R`Z`_`d`d`S`c`Z`j`T`R`a`_`f`è`R`U`_`èV`è`h`V]`V`d`R`èZ`Z`d`Z`_`_`fc`T`^`^`f`_`Z`d`

J`H`V`R`V`d`WZ`X`R`y`T`^`Z`Xè`XèV`c`%`VZ`_`è`c`c`Z`R`Y`R`Z`_`X`

J`2`H`V`]`S`c`Z`j`>`g`V`_`V`è`_`W`èV`@`[`Z`h`R`h`R`d`]`R`_`T`Y`U`Z`_`R`_`U`R`_`_`X`èV`è`Z`V`d`_`W`_`èV`è`_`>`Z`_`V`d`è`R`R`W`è`R`
4`_`R`Z`_`R`d`4`R`_`d`è`R`Z`_`Z`Xè`_`_`a]R`V`Z`_`èV`W`]`_`W`#!`%`

J`E`Y`V`h`R`d`R`4`_`R`Z`_`R`d`4`R`_`d`è`R`Z`_`Z`X`_`W`èV`&`è`Z`V`d`Z`_`:_`U`Y`_`,

J`E`Y`V`Z`I`R`d`è`_`X`H`V`]`S`c`Z`j`>`g`V`_`V`è`Z`_`f`_`V`è`L`2`]`R`d`R`



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J H VhR ee TYR XVeWhRj hVeR\RS`fe`fcaVajVR_U`fcT`^`f_ZAZZ`:_dVRU`W_lj`j`V_ZXRehYReZl hc`_XhZYf`dH VhZj`dRe`dWZ_XR_U`VR`f`Z_XhYReZl`ZYehZYf`d`H VhZj`dReSj`ZV`ZYV`XVgRf`RZ_XR_U`^`VR`f`Z_X`f`cd`eV`Xed`

▪ H VhZj`d`gY`Y`h`^`R_j` `WdR`vd`Sv`R`USWZ`e`Z`ajV`V`ehVj`V`ladR`eZVd`

▪ 3j`eYj`VR`#`"!`LhVhZj`d`Ve`ZSVR`Uf`cSR`TV`e`dR`f`Rj`j`^`VR`f`Z`XY`h`^`R_j` `WdR`VZ`e`hVj`V`dR`U`d`S`Z`j`Z`H`V`V`a`V`e`e`d`W`e`Z`S`V`e`R`e`R`V`S``f`e`&`" `d`S`V`;

▪ H VhZj`d`W`^`R_j` e`ZSVR`UT`^`^`f`_ZAZZ`Y`R`Z`X`g`Z`_d`V`h`Vj`V`dR`U`d`S`Z`j`,

▪ H VhZj`Y`R`e`T`^`^`^`_`e`R` \`RS`fe`Y`h`h`V`R`e`V`d`S`v`R`U`V`d`Z`a`.

▪ H VhZj`d`W`V`R`U`V`d`Z`a`Z`e`f`e`dR`U`e`V`Z`g`lg`V`V`e`W`f`c`E`c`SR`4`j`V`d`e` `W`e`e`R`Z`Z`X`_`g`R`Z`f`d`e`a`Z`d`W`T`f`d`R`j`i`SR`U`h`Vj`V`d`^`V`e`R`U`j`X`Z`Z`



We Are in Healing!

H V^`f`d`^` `SZAVRj` `f`c`d`d`f`c`V`L`T`f`j`e`d`V`_`h`j`U`X`L`ac`X`R`^`d`d`Z`j`d`Z`d`Z`Y`e`L`T`V`^`_`j`R`U`ac`R`j`V`d`h`^`c`Z`X`e`X`e`V`e`R`i`c`d`e`e`Z`S`V`R`U`R`i`c`d`f`c`SR`_`R`U`d`d`R`T`^`^`f`_ZAZZ`h`R`j`d`h`V`R`e`V`_`V`g`c`U`_`V`S`W`e`Z`H`V`^`f`d`e`f`d`e`V`e`V`M`_`j`X`_`R`U`R`j`d`d`f`c`V`R`e`^`f`c`U`Z`a`^`d`Z`H`V`^`f`d`e`T`A`R`e`V`^`f`c`^`h`_`T`f`j`e`d`R`j`j`X`T`^`^`U`M`d`U`V`i`c`e`S`V`I`f`j`e`d`R`j`T`^`a`V`e`V`T`A`L`R`_`U`T`V`e`Z`Y`I`f`j`e`d`R`j`j`S`R`U`a`c`^`^`Z`Z`X`ad`R`e`Z`V`d`e` `W`a`e`Y`V`^`g`V`V`e`c`j`Z`X`Z`H`V`^`f`d`e`R`j`e` `f`c`T`Y`Z`U`e`V`_`R`_`U`^`R`V`e`Y`V` `W`j`a`R`e` `V`e`Z`I`Y`R`X`Z`H`V`R`V`R`e`a`^`Z`e`h`Y`V`e`V`H`V`j`S`Z`j`> `g`V`V`e`Z`i`d`c`R`U`Z`X`R`U`h`V`h`Zj`_`h`_`e`Z`V`h`Z`Y`^`f`c`V`d`R`_`U`^`f`c`^`Z`U`d`e`R`e`h`V`R`V`Z` 9`V`R`Z`Z`+`

