



## WELLBRIETY TREATMENT CENTER CERTIFICATION CRITERIA

**Requirements for Certification:** Treatment Centers that meet the requirements for certification will be listed on the White Bison website for one year. This listing is renewable each year. For re-certification, a member of the White Bison staff will visit the facility to ensure the criteria continues to be met. To be listed, treatment centers will need to complete the following minimum requirements:

- Employ at least one Native American National/State certified alcohol counselor
- Have relationship and ready access to at least one Native American Elder (ideally a male and a female) for advice and to conduct ceremonies
- Ensure that Native traditional healing practices are incorporated into treatment programs (smudging, pipe ceremony, sweat lodge, naming ceremony, healing ceremony, as appropriate for the individuals cultural needs)
- Have in place and ensure compliance with:
  - Written policy (included in the employee manual) that states any staff working with Native American clients must have continuous sobriety
- Contract with White Bison to coordinate facilitator trainings on The Medicine Wheel and 12 Steps, Wellbriety Recovery Coach, Mending Broken Hearts and any other Wellbriety trainings that are being facilitated by your staff. The option to send Wellbriety staff members to open trainings is also acceptable.
- Minimum counselor/facilitator requirements:
  - Complete the Wellbriety Training Institute Facilitator Training for Medicine Wheel and 12 Steps
    - ◆ Complete personal Medicine Wheel & 12 Steps work
    - ◆ Documentation of work completion
  - Facilitate/incorporate "Medicine Wheel and 12 Step" Video sessions
  - Facilitate/incorporate "Medicine Wheel and 12 Step" Study Groups
  - Facilitate /incorporate "Red Road to Wellbriety in the Native American Way" study groups/circles



- Conduct Individual sessions using Medicine Wheel and 12 Step study coaching and counseling
- Establish aftercare plan by providing community referrals for continuous self care
- Provide individual counseling for clients as they complete their personal work
  
- Complete Facilitator Training for Mending Broken Hearts which includes:
  - ◆ Complete personal Trauma and Relationship Time Line
  - ◆ Documentation of work completion
- Facilitate/incorporate "Mending Broken Hearts" Video sessions
- Facilitate/incorporate "Mending Broken Hearts" Circles
- Provide individual counseling for clients as they complete their personal work
- In the event that any other Wellbriety Programs are offered the counselor/facilitator must be certified by the Wellbriety Training Institute in that particular program.
  
- Maintain and update documentation of the Wellbriety format/model that is currently being utilized for group and individual treatment
  
- Minimum Wellbriety curriculum requirements
  - All clients must receive Medicine Wheel and 12 Step course, workbook and related counseling and talking circle
  - All clients must receive Mending Broken Hearts course, workbook and related counseling and talking circle
  - All clients must receive a personal copy of the “Red Road To Wellbriety in the Native American Way” and workbook
  
- Engage White Bison to review processes, policies, procedures and documentation to ensure that Wellbriety criteria are met and to identify steps to correct any deficiency.
  
- Initial Certification and Annual Fee– \$5,000 US Funds (subject to change) – due and payable upon initial visit and prior to certification. The annual fee for certification is required and one on-site inspection is required per year. The cost of the annual inspection is included in the annual fee.

During the first 12 months a provisional certification will be in place. Upon successful completion of all requirements and onsite assessments, the facility/agency will be recognized as a Wellbriety Certified Treatment Facility and listed on our website with a link to their facility. Individuals who contact the Wellbriety Training Institute asking about treatment will be directed to the list of Wellbriety Certified/approved facilities.

*This Criteria is subject to change.*

